



Coburg West Primary School Canteen Menu 2017

Simple Sandwiches	
Vegemite	\$ 2.50
Cheese	\$ 2.80
Vegemite and cheese	\$ 3.00
Avocado	\$ 3.50
Buttered bread	\$ 1.30
Buttered roll	\$ 1.30
Super Sandwiches	
<i>Choose white bread or a wholemeal</i>	
Super salad with avocado or mayonnaise, using all our salad ingredients	\$ 4.30
Chicken Sandwich/Roll with 1 to 3 Fillings	\$ 4.80
Sandwich or roll with 1 to 3 Fillings	\$ 4.00
<i>Extra fillings</i>	\$ 0.60
<i>Fillings: cheese, tuna, egg, avocado, ham, tomato, carrot, cucumber, lettuce, mayonnaise</i>	
Wraps	
Chicken and salad wrap with mayonnaise – ½	\$ 5.00
Cheese and salad wrap with mayonnaise – ½	\$ 4.50
<i>Extra fillings</i>	\$ 0.60
<i>Fillings: cheese, egg, avocado, ham</i>	
Toasted Sandwiches	
Cheese toasty	\$ 3.00
Cheese and tomato toasty	\$ 3.50
Cheese & vegemite toasty	\$ 3.20
Ham and cheese toasty	\$ 4.00
Ham, cheese and tomato toasty	\$ 4.30
Ham & tomato toasty	\$ 3.50
Ham toasty	\$ 3.20
Tomato toasty	\$ 3.20

Hot Food - available both Wednesday and Friday

Roasted red skinned potato wedges cooked with garlic (Gluten free)	\$ 2.00
Ricotta ravioli with homemade tomato sauce x 3 pieces (Vegetarian)	\$ 4.00
Ricotta ravioli with homemade tomato sauce x 6 pieces (Vegetarian)	\$ 6.00
Spiral pasta with homemade tomato sauce (Gluten free)	\$ 5.00
Beef Lasagne	\$ 6.50
Sausage Roll (tomato sauce \$0.50 cents)	\$ 4.00
Beef and onion borek/ cheese and spinach borek – vegetarian (tomato sauce \$0.50 cents)	\$ 2.50
Calzone (Pizza pocket filled with tomato and cheese) (Vegetarian)	\$ 6.00
Zucchini Slice (Vegetarian)	\$ 5.00
Sticky chicken drumettes (4) oven baked (Gluten free)	\$ 5.00

Snacks for everyday

Garlic pita crisps (Vegetarian)	\$ 0.50
Popcorn with a sprinkle of coconut sugar (Gluten free)	\$ 1.00
Apple slinky (Gluten free)	\$ 1.50
Chocolate coconut wheel (Gluten free)	\$ 0.50
Fresh seasonal fruit (Gluten free/Vegetarian)	\$ 1.50
Yogurt and fruit coulis tubs (Gluten free/Vegetarian)	\$ 2.50
Brownie	\$ 1.00
Muffin – will vary	\$ 2.50
Jelly with fruit- flavour varies each week (Gluten free)	\$ 2.00
Ice cream – flavours chocolate, tropical & raspberry (Gluten free) (Ice cream is only available over the counter during lunch. It cannot be ordered on your lunch order).	\$ 1.50

Drinks

Hot chocolate half cup (hot chocolate is available during Autumn & Winter. It is only available over the counter during lunch. It cannot be ordered on your lunch order).	\$ 1.00
Hot chocolate full cup	\$ 2.00
Nudie apple juice	\$ 2.00
Nudie tropical juice	\$ 2.00
Nudie orange juice	\$ 2.00
Appletiser	\$ 2.50

Beef/Spinach & Cheese Borek and sausage rolls are for sale in the lunch break. However to guarantee your child gets what they want, it is best to put an order in the day before.

Hot chocolate is available in Autumn and Winter. Hot chocolate and ice creams are available during lunch service only and will not be sent up to classrooms. Tomato Sauce 0.50cents each.

If you need to contact the canteen the number is 93861286. Thank you for supporting the Canteen. 😊